The Macquarie Memo

Issue 16: 2 June 2022

Dates for the Diary

Friday 27 May—Friday 3 June

Reconciliation Week

Monday 6 June

Green Yabbies School Photos

Thursday 9 June

Red Crayfish School Photos

Friday 10 June

Kindergarten—Year 6 School Photos

Monday 13 June

Queen's birthday

Tuesday 14 June

Staff planning day

Sunday 19 June

P&C Working Bee

Wednesday 22 June

Green Yabbies reports home

Friday 24 June

Red Crayfish & K-6 reports homes

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- Notes home & reminders

From our Deputy Principal

It has been so cold this week. Hopefully it is not a sign of a long cold winter ahead. Yesterday marked the first day of winter which is also the start of our hats off period in the Sun Smart policy. Students are now encouraged to play outside without a hat to allow for vitamin D exposure. Your child can bring a beanie if they want to.

Congratulations to Pippa in the Golden Galaxias. On Tuesday Pippa and 6 other senior students delivered their Rostrum speeches to the senior school and a panel of adjudicators. Pippa won the speaking competition for our school and is off to compete against other Belconnen primary school students in the near future. We wish you all the very best of luck Pippa. You have the whole Macquarie community cheering you on. Special congratulations to Shane in the Terrific Tiger Sharks for runner up, and to all our speakers who made it to the final.

Over the next few weeks, students in year 2 to 6 will be participating in the annual Social Emotional Wellbeing (SEW) survey with me in the classroom. Participating in this survey, administered online through the Australian Council of Education Research (ACER), allows us to collect data to inform us on how students are developing in terms on social and emotional wellbeing. All students will participate unless you have previously sent it the opt out note for this survey. As part of our school improvement plan's priority 3: improve wellbeing and learning for all through the development of consistent practices and processes, we received and are currently implementing a grant to support increased student wellbeing, ACT Health Healthy Canberra Grant, "Building a socially connected and mentally healthy Macquarie Primary School Community". *Supported by the ACT Government under the ACT Health Promotion Grants Program.* Teachers across all kindergarten to year 6 grade levels also complete a social emotional checklist for each student in their class. Data collected from this is analysed and used to plan and implement future programs and initiatives to support increased wellbeing. We are currently running a range of programs across the school year to support students identified through this survey as requiring additional opportunities to build their social emotional skills. These programs include African drumming, art therapy, circus skills, and the Cool Kids program. As parents you can also refer your child to participate in one of these programs. When a parent referral is received, it is discussed at a student support meeting to ensure your child is eligible and will receive the greatest benefit from the program. If you would like a parent referral form please contact me at any stage.

Stay warm everyone.

For the latest information regarding COVID-19 in the ACT visit https://www.covid19.act.gov.au/home

NEWS FROM THE P&C

Uniform Shop: The P&C Uniform Shop is open: **Mondays 8:45 - 9:15, Wednesdays 3:00 - 3:30 and Fridays 8:45 - 9:15**

Grab a bargain. Discounted items (limited sizes) are available in flexischools from $10, as well as scarves and beanies for winter for $5 each. Orders for new uniform items can be placed online at www.flexischools.com.au or flexischools app. Flexischools orders will be sent home with students. Second hand items are available in the shop for $2 and $5, and donations of pre-loved uniform items are gratefully accepted during open times. Any questions can be sent to uniforms.mps@gmail.com

Gardens and Grounds: Our Term 2 Working Bee will be Sunday 19 June. Pop the date into your diaries now.

Election Day Fundraising Results: What a great result from the Election Day Fundraiser - All together we made a **$2,700** profit from the Election Day Stalls! These amazing funds will be put towards more play equipment for use at recess and lunchtimes.

The P&C office bearers want to give special shoutouts to Fleur, Lauren C, Sheree, Jess, Liz, Gemma and Brendan for all their hard work, as well as Mary, who helped out on Saturday on behalf of the teachers. It was an amazing effort to organise and deliver such a successful event in a really short timeframe. Thanks again to everyone who volunteered, bought a sausage, cake and book, played a game or told anyone about our event.

Class Parent Reps: There have been changes to the class groups for the 3/4 cohort, so some families will have a new class representative. Please see the table below for your class parent's contact information. We are seeking a class representative for Electric Eels so please email classparentrepsmps@gmail.com if you would like to volunteer.

Cohort	Class	Teacher	Parent Rep	Rep Email
The Little Nippers	Red Crayfish	Maree Sweeting	Vince Craig	Vince.craig@anu.edu.au
	Green Yabbies	Maree Sweeting	Shane Emami	shane.emami@gmail.com
The Water Birds	Proud Pelicans	Mary Pezzella	Sarah Wallach	sarahwallach77@gmail.com
The Great Barriers	Shiny Sharks	Garima Singh	Celia Rideaux	rideaux.celia@gmail.com
	Super Seahorses	Monique Darragh	Tajnin Lopa	tajninlopa@gmail.com
	Curious Crocodiles	Nicole Chapman	Dana Connan	daaanish333@gmail.com
The Mangroves	Sweet Sea Stars	Lauren Green	Tina Apps	christina.apps@hotmail.com
	Great Ghost Crabs	Sean Gourlay	Rachel Sanderson	rachelsanderson787@gmail.com
	Sensational Sea Snakes	Brooke Behan	Mick Haines	codebluehr@gmail.com
	Courageous Clams	Chlo Sutherland	Caroline Hatswell	carolinehatswell@gmail.com
Coral Coliseum	Terrific Tiger Sharks	Nicky Kent	Matt White	mattewhite82@gmail.com
	Electric Eels	Eddie McCallum	CLASS REP REQUIRED	
	Magestic Mud Crabs	Patrick Kien	Katy Norman	Knorman@iinet.net.au
Freshwater Fish	Golden Galaxias	Jenelle Martin	Amanda Paolo	lachie2002@hotmail.com
	Splendid Silver Perch	Lauren Price	Michelle Simmons	simmons.family@outlook.com
	Scintillating Saratogas	Ben White	Fleur Roddam	mfroddam@bigpond.com
	Magnificent Murray Cod	Emma Murphy	Lauren Clancy	lclancym@gmail.com
Class Parent Representative Coordinator			Alethea White	classparentrepsmps@gmail.com

LIBRARY NEWS

Book Club

Brochures for Issue 4 of Scholastic Book Club have arrived, and will be sent home tomorrow (Friday 3 June). Please check your child's bag and let your teacher know if you need extra copies. All orders should be completed online at www.scholastic.com.au/loop by **Sunday June 12**. All orders earn valuable reward points for our school, which we greatly appreciate and use to buy new books for our library.

EXPRESSIONSOF INTEREST FOR APPOINTED MEMBER ON SCHOOL BOARD

Do you know someone that would be a suitable addition to our school board or another school board in the ACT?

The Education Directorate is seeking expressions of interest from people to fill the position of "Appointed Member" on ACT public school boards. Expressions of interest will be used to fill vacant positions in schools across the ACT.

All ACT public schools have a school board. The school board is responsible for the school's strategic direction, its budget, policy implementation and related issues. Generally, school boards consist of:

- the school's principal;
- three parents and citizens members;
- two staff members;
- two student members (at high schools and colleges);
- one Appointed Member; and
- up to two Board Appointed Members (if any).

The appointed member is usually someone from outside the immediate school community, who is interested in and committed to public education. They bring an independent voice to board decisions. Appointments extend for periods up to two years and an appointed member may also be re-appointed after the conclusion of their term.

People interested in becoming an appointed member on a school board, should complete the expression of interest form and return it to the school boards team in the Education Directorate Email: EDUSchoolBoards@act.gov.au

Expressions of interest for this recruitment round will be open until COB Monday 20 June 2022 (week 9, term 2).

BELCONNEN REGION CROSS COUNTRY CARNIVAL

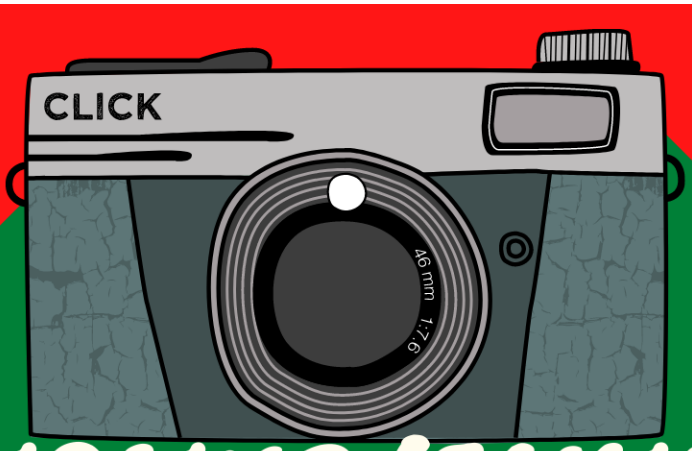
Last Thursday, Jenelle and Pamela took the Macquarie Primary School cross country team to the Belconnen Region Cross Country Carnival at Mount Stromlo. Congratulations to all the students for their support of each other and the impressive way they represented our school. A special congratulations to Yuol (4th) and Lewis (10th) who will be representing the Belconnen region at the ACT Cross Country Carnival Wednesday 15 June. Also, congratulations to Charlie (11th), Nieve (12th) and Jackson (12th) who are reserves for the ACT carnival should another competitor be unable to attend.

A massive thank you to Amalia, a year 12 student from Hawker College, for being our volunteer official on the day.

PHOTO DAY ENVELOPES

Green Yabbies - Monday 6 June
Red Crayfish - Thursday 9 June
Kindergarten to Year 6 - Friday 10 June

Photo envelopes have been sent home with students.
They do not need to be returned if you are paying online.
For a cash envelope please contact the office.



SIBLING/FAMILY PHOTOS

Green Yabbies - Monday 6 June
Red Crayfish - Thursday 9 June
Kindergarten to Year 6 - Friday 10 June

If you would like a sibling photo to be taken please contact the office for an envelope. These photos will only be taken if an envelope is completed.

FREE ASTHMA EDUCATION FOR FAMILIES

Registered Nurse Asthma Educators provide children, young people and their families with support to manage their asthma. This free service from Canberra Health Services is available to all children up to the age of 18 in the ACT and surrounds. The service includes:

- advice on asthma, asthma first aid, how asthma medications work and when to use them
- symptom recognition for primary school children, aiming to support increasing independence
- support for teenagers to self-manage their condition and device options.

If any students/families would benefit from receiving asthma education, please advise them to call the Community Health Intake line on 5124 9977 to make an appointment.

ACT Government | Canberra Health Services

Children's Asthma Education Service

Helping children with asthma breathe easier

Community Health Intake
Ph: 5124 9977

health.act.gov.au/asthma

What does the Children's Asthma Education Service do?

We provide children, young people and their families with initial and continuing support to manage their asthma. We help:

- children, young people and families understand asthma, asthma first aid, how asthma medications work and when to use them
- families manage wheezing in the first years of life
- primary school aged children with symptom recognition and increasing independence
- teenagers self-manage their asthma and provide support and device options.

The service is free for people up to 18 years old.

What happens at my appointment?

Appointments are provided one on one by Nurse Asthma Educators in Community Health Centres around the ACT. The session is specific to you or your child's needs.

How do I make an appointment?

Call the Community Health Intake on 02 5124 9977 between 8am and 5pm, Monday to Friday and 8am to 3.30pm on Wednesday. Please bring any asthma medications or devices you use to your appointment, as well as your Asthma Action Plan if you have one.

Accessibility

If you have difficulty reading a standard printed document and would like an alternative format, please phone 13 22 81.

If English is not your first language and you need the Translating and Interpreting Service (TIS), please call 13 14 50.

For further accessibility information, visit: www.health.act.gov.au/accessibility

www.health.act.gov.au | Phone: 132281
Publication No XXXXX

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NOTES HOME & REMINDERS

All notes are available on our school website

EVENT DETAILS	YEAR GROUP	DATE DUE BACK
Library Trust Fund donations	All year levels	Payments welcome anytime
2022 Stationery supplies	All students	Payments welcome anytime
Band payment	Year 5 & 6 band	Payments welcome anytime
Voluntary Contributions	All year levels	Payments welcome anytime

PAYMENT OPTIONS

Option 1: Electronic Funds transfer

Account name: Macquarie Primary School Management Account

BSB: 032 777 **Account number:** 001586

Use reference Child's Surname EXCURSION NAME

Option 2: Quickweb

Go to http://www.macquarieps.act.edu.au/payment and follow the prompts.
Use reference Child's Surname EXCURSION NAME

ABSENCE NOTES

Class rolls are marked electronically every morning by 9:10am. We ask that parents contact the school when a student is going to be late or absent via a phone call **6142 1550** or email to **admin@macquarieps.act.edu.au**

Updating Contact Information

Please update the school office if you have any changes to phone numbers, home address or email address.

OUR CLASS NAMES

Preschool	The Little Nippers	Green Yabbies & Red Crayfish
Kindergarten	The Great Barriers	Curious Crocodiles, Super Seahorses & Shiny Sharks
Year 1/2	The Mangroves	Sensational Sea Snakes, Courageous Clams, Sweet Sea Stars & Great Ghost Crabs
Year 3/4	Coral Coliseum	Majestic Mud Crabs, Terrific Tiger Sharks, Superb Stingrays & Electric Eels
Year 5/6	Freshwater Fish	Magnificent Murray Cod, Splendid Silver Perch, Golden Galaxias & Scintillating Saratogas
Small Group	The Water Birds	Proud Pelicans

MEDICATIONS

In the interests of keeping all students safe, **medication that your child requires during the school day must be stored in the front office**. Macquarie's school office team manages first aid, emergency medical plans and medications for students. Please contact the front office team if you have any changes to your child's medical treatment plan.

For noting - ambulance

ACT School students who are injured or become ill at school or during approved school excursions within the ACT are entitled to free emergency ambulance services that includes medical treatment and ambulance transport.

SUSTAINABILITY TIPS

Collect scrap paper to reuse and print double sided.

SCHOOL CONTACT DETAILS

Office hours: Monday — Friday 8.30am — 3.30pm

Macquarie Primary is an ANAPHYLAXIS AWARE SCHOOL

Phone K-6 site:	02 6142 1550	**Principal**	Jodie Rowell	jodie.rowell@ed.act.edu.au
Phone preschool:	02 6142 1570	**Deputy Principal (P)**	Stacey Naden	stacey.naden@ed.act.edu.au
Email:	admin@macquarieps.act.edu.au	**Executive (K-Yr2)**	Candice Kingston	candice.kingston@ed.act.edu.au
Website:	www.macquarieps.act.edu.au	**Executive (Yr3-6)**	Mariam Hijazi	Mariam.hijazi@ed.act.edu.au
Facebook:	http://www.facebook.com/ macquarieprimary	**Business Manager**	Ann Walker	ann.walker@ed.act.edu.au
P&C President	macquariepandc@gmail.com	**Board Chair**	Sander De Vries	